



# **Calhan Athletics and Activities**

**“To Inspire Excellence in Every Student-Participant Every Day.”**

## **2018-2019 CALHAN HIGH SCHOOL ATHLETICS/ACTIVITIES HANDBOOK AND CODE OF CONDUCT**

### **LETTER TO PARENTS**

Your son/daughter has indicated a desire to participate in interscholastic activities at Calhan School. Your family interest in this phase of our school program is gratifying. We believe that participation in activities is an important part of the educational process. Participation in activities provides a wealth of experiences which create opportunities for personal growth and development. It is our hope to maintain a program that is sound in purpose and will further each student's educational maturity.

A student who elects to participate in the activities program is voluntarily making a choice of self-discipline and self-denial. These are the reasons that we place such stress on good training and study habits. Failure to comply with school rules and/or the coaches/sponsors' rules for training may mean expulsion from the activity and/or school. There is no place in activities for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our participants in activities to compromise themselves with mediocrity.

We encourage you to communicate directly with the coaches/sponsors if you have concerns about your child's participation in our programs and the benefits of that participation. We encourage our coaches/sponsors to communicate openly with parents or guardians, and we need your involvement to achieve the best possible programs. The following guidelines are for that single purpose.

The Calhan Public School (CPS) Athletic/Activities Code of Conduct establishes standards by which student athletes are expected to conduct themselves as representatives of Calhan Public Schools. Parents are expected to discuss these regulations and consequences with their student athletes so that informed and appropriate decisions about behavior are made.

It is imperative that students and parents understand that the Calhan Public Schools Student Handbook of Conduct and the CPS athletic code are two separate sets of standards. The CPS Athletic/Activities Code of Conduct, which is written specifically for students involved in co curricular and extracurricular activities, is intended to be used concurrently with the CPS Handbook, but the two codes differ procedurally and substantively. If a student is suspended for a violation of the CPS Handbook, then the student will not be allowed to practice or participate in contests during the suspension. If the same misconduct also constitutes a violation of the CPS Athletic/Activities Code of Conduct, then the student will be penalized accordingly.

The CPS Athletic/Activities Handbook sets a high standard because of the School District's desire to help protect the health, safety and welfare of all students and community members. The CPS Athletic/Activities Handbook applies to all students. Upon enrollment in Calhan High School a student is deemed eligible for extracurricular activities and therefore is under this code of conduct for their high school career while enrollment at Calhan Public Schools. This includes all “in season” participants as well as those students who intend to compete in subsequent sports or activities. These standards are in effect during the school year, school scheduled breaks, and in the summer when involved in a school-sponsored activity. This code of conduct applies to behavior on or off campus and during any time of the aforementioned times. If a violation occurs during a scheduled break or during a school activity in the summer, the penalty will start on the first day back in session. If the violation occurs at the end of the school year while school is in session, but after activities have concluded, the penalty will start on the first day back in session the following year. The strenuous nature of athletic programs and the rigors of competition demand that a high standard of behavior on the part of the student athletes be maintained at all times.

Consequences for violating the CPS Athletic/Activities Handbook will carry over from school year to school year and will be in effect for the duration of the athlete's high school participation.

This means the student's record of the Athletic Code of Conduct violations will follow him/her from one sport to the next and from one year to the next.

Students that enter Calhan after being enrolled in another High School, that have known violations, will also have those violations carried over.

## **TYPES OF VIOLATIONS**

### **DRUG, ALCOHOL AND TOBACCO (II-R)**

It is understood that the consumption or possession of alcoholic beverages or illegal drugs of any kind, or use or possession of tobacco in any form, constitutes grounds for immediate disciplinary action as outlined below:

- A. First Offense
  1. Student will be informed of charge by the coach, Activities Director, and/or Principal.
  2. Student will be given opportunity to speak in defense.
  3. If determined in violation, the student will be suspended from representing the school in extracurricular activities for 30 calendar days.
  4. Student will be given opportunity for appeal.
  
- B. Second Offense
  1. Student will be informed of charge by the coach, Activities Director, and/or Principal.
  2. Student will be given opportunity to speak in defense.
  3. If determined in violation, the student will be suspended from representing the school in extracurricular activities for one calendar year.
  4. Student will be given opportunity for appeal.
  5. Any subsequent violations during the time of the second suspension will restart the year suspension from the date of the most current violation. If the student/athlete serves the year suspension without further violations, they will be eligible to participate.
  
- C. Third Offense and subsequent offenses.
  1. Any violation that occurs after the conclusion of the second offense shall be treated the same as the second offense.

Students will be eligible to practice during the suspension but not eligible to represent Calhan.

### **BEING IN THE PRESENCE OF OTHERS USING, POSSESSING OR DISTRIBUTING DRUGS OR ALCOHOL**

Student athletes who are found to have been voluntarily associating with others who are illegally using, possessing or distributing drugs, drug paraphernalia or alcohol, and who do not remove themselves in a reasonable amount of time (constructive possession) are in violation of the Athletic Code. This regulation applies to circumstances that take place on or off school grounds and at any time during the student's high school time when training rules are in effect.

The consequence for the first violation of constructive possession shall be suspension from representing the school in extracurricular activities for 14 calendar days. Any subsequent violations for constructive possession shall result in suspension from competition as in the section under the violation of drug, alcohol, and tobacco violations. The second offense of this violation would place that athlete on the first offense of the drug, alcohol, and tobacco violations.

Constructive possession shall not apply to circumstances where the student athlete is present at places where alcohol is being legally consumed.

### **INFRACTIONS OF THE LAW**

An unlawful or delinquent act is a violation of any civil or criminal statute, ordinance, regulation or court order (except for minor traffic offenses) including, but not limited to civil rights violations, theft, vandalism, destruction of property, or other misdemeanors and felonies as defined by the Colorado Criminal Code. Pleading guilty, being found guilty, and pleading no contest are subject to sanctions in accordance with the athletic code of conduct. Notwithstanding the above mentioned, the Activities Director reserves the right to determine whether the athlete committed an unlawful or delinquent act rather than be bound necessarily by the decision of the courts or others. Incidents involving athletes either directly or as an accomplice will be subject to review by the Activities Director.

If determined in violation, a student will be suspended from representing the school in a group, club, organization, and sport for 30 calendar days. Suspension time is inclusive covering weekends, Monday, and school non-attendance days.

### **VANDALISM (IKD/IKE-E)**

Vandalism is not tolerated in the Calhan activity program. Any student guilty of damaging school or personal property will be subject to disciplinary action which may include suspension or expulsion.

### **SCHOOL SUSPENSION (IKD/IKE-E)**

Athletes who are suspended from school under the CPS Handbook are prohibited from participation in practices and interscholastic events during the length of the suspension. If the same misconduct also constitutes a violation of the CPS Athletic/Activities Code of Conduct, then the student will be penalized accordingly.

### **ATTENDANCE (II-R)**

A student must be in school 4 periods on the day of a competition if the event is held on a day school is in session. In the case that the event is not on a day school is in session (i.e. Saturday/Monday), the student must be in school 4 periods on the day previous to that activity. Exceptions can be

made by the Principal if extenuating circumstances exist (i.e. funerals, pre arranged medical appointments, etc.). Students must return to school promptly following pre arranged appointments. A student must be in school 4 periods in order to attend practice that day.

## **CONDUCT**

A student who is representing Calhan as a member of a team, group or club is expected to exhibit high moral, ethical and honorable conduct at all times.

As in CHSAA Bylaws, any player who has been ejected from a match or contest shall be disqualified for the remainder of that match or contest. In addition, the player shall be suspended from competition for the next regularly scheduled match or contest of the same level. The CHSAA commissioner may impose a penalty in excess of the one contest suspension.

In addition unsportsmanlike conduct or other unacceptable behaviors not specifically covered in the Athletic Code of Conduct, but which are contrary to the spirit of the CHS Athletic Code of Conduct, are subject to an appropriate penalty at the discretion of the Activities Director and/ or the Principal. The seriousness of the offense, any harm or injury to persons or property and any other relevant factors shall be considered.

Violation of this rule will result in suspension and possible dismissal from participation in extracurricular activities.

## **SPORTSMANSHIP**

A display of unsportsmanlike conduct toward an opponent, team member, official, or crowd, or the use of profanity during a practice or contest will result in counseling by the head coach and possible suspension from the team. Calhan athletics supports and encourages good sportsmanship from athletes, parents, fans, and coaches

## **TATOOS AND INAPPROPRIATE MARKINGS ON THE BODY**

Tattoos found to be offensive by the Activities Director, Principal, or a sanctioned official and all other inappropriate markings shall be completely covered during all games. Inappropriate markings shall include but are not limited to drawings, cuts, hickies, and graffiti.

## **APPEAL (III)**

The student may appeal a disciplinary decision by school officials enforcing the Rules of Conduct, Training Rules, and/or Infractions of Law. If the student believes the decision violated District policies against discrimination, the student must follow the student grievance procedure as set forth in Policy AC-R. If the appeal is not based upon a claim of discrimination, then notice of such appeal must be submitted in writing to the Compliance Officer as described in Policy JII-R. The notice of appeal must include the grounds of the appeal, the outcome sought, a statement of the student's version of the incident or activity that resulted in the disciplinary action, and relevant facts, documentation, and witnesses in support of the appeal.

The Activities Director shall have ten (10) school days after receipt of the written notice of appeal in which to decide the case. Prior to issuing a decision, the Activities Director shall make additional investigation as is necessary to determine the complete facts involved, which shall include at a minimum a review of written statements submitted by both the student and the person who made the disciplinary decision. The Activities Director may also arrange to meet with the student, the coach(es), witnesses, and/or any other person with information.

In deciding an appeal, the Activities Director will consider and make determinations as to the following:

1. Whether the original disciplinary investigation and process was conducted fairly in light of the charge(s) and evidence presented.
2. Whether the decision regarding the accused student-athlete(s) was based on substantial evidence.
3. Whether the sanction(s) imposed was appropriate for the violation and consistent with the Rules of Conduct, Training Rules, and Infractions of Law.
4. Whether there are relevant facts not brought out in the original investigation because such evidence and/or facts were not known to the student at the time.

If the student is not satisfied with the handling of the matter by the Activities Director, he/she may file a notice of appeal in writing to the Principal no later than ten (10) school days after notice of the disciplinary decision. The Principal shall have ten (10) school days after receipt of the written notice of appeal in which to decide the case. The Principal shall consider the same aforementioned criteria when deciding an appeal.

If the student is not satisfied with the handling of the matter by the Principal, he/she may file a notice of appeal in writing to the Superintendent no later than ten (10) school days after notice of the disciplinary decision. The Superintendent shall have ten (10) school days after receipt of the written notice of appeal in which to decide the case. The Superintendent shall consider the same aforementioned criteria when deciding an appeal. If the student is not satisfied with the handling of the matter by the Superintendent, he/she may file a notice of appeal in writing to the Board of Education to be heard at the next regularly scheduled School Board Meeting.

The disciplinary sanction shall remain in full force and effect unless and until set aside by the decision of the Activities Director, Principal, Superintendent.

Failure to adhere to the timelines set forth above will result in a dismissal of the appeal without further action.

## **COLORADO HIGH SCHOOL ACTIVITIES ASSOCIATION ([CHSAA](#))**

The Colorado High School Activities Association is the governing body of high school athletics and activities (speech, student council, music, and cheerleading) in our state since 1921.

Your school is a voluntary member of CHSAA and has agreed to follow its rules, because it believes in equal competition between schools and the close relation between academics and activities.

### **STUDENTS**

Your high school will provide some of the most memorable moments of your life. Interscholastic competition is a once-in-a-lifetime experience, which continues to influence you throughout your life.

Your participation in interscholastic high school activities is dependent on your eligibility.

Protect that eligibility. Read the following summary of Colorado High School Activities Association rules which govern your participation.

Review the rules with your parents. Ask questions of your coaches and school administrators.

### **PARENTS**

The value of participation in extracurricular activities has been well documented. Participants earn better grades, have better attendance and have a greater chance for success in later life than non-participants.

One of the reasons for the value of high school activities is that students must meet certain standards in order to maintain the privileges of competition.

Review the following rules with your son or daughter. Your role in stressing the value of following these rules cannot be overestimated.

### **ELIGIBILITY ([III-R](#))**

1. Carry 5 classes (or the equivalent) which totals a minimum 2.5 Carnegie units per semester.
2. Make-up work shall not be permitted after the close of the semester for the purpose of becoming eligible.  
(Cases involving special circumstances should be referred to your Principal.)
3. Summer school credits may be used to regain any Carnegie unit toward eligibility
4. Upon entering high school, your eligibility will continue only until your original class graduates. Once entering ninth grade, you have eight consecutive semesters of eligibility.
5. If you drop out of school you will not receive additional eligibility.
6. You may not be a graduate of any high school.

### **AGE**

Your 19<sup>th</sup> birthday must fall on or after August 1<sup>st</sup> of the current school year to be eligible to participate.

### **PHYSICAL EXAM ([III-R](#))**

1. Signed by a medical doctor licensed to practice medicine by the State of Colorado.
2. Current within the last 12 month period.
3. On file with the Activities Director and/or Principal.

### **PRACTICE**

A total of 9 days of practice are required before participating in an interscholastic game or scrimmage for football. Five days of practice are required for all other sports.

### **TRANSFER RULE**

See CHSAA handbook constitution and by-laws.

## **AWARDS**

1. Applies to sports and activities sanctioned by the CHSAA.
2. You may not accept awards except those presented by your school, a group approved by your school or approved by the CHSAA.
3. Awards must be limited in value to \$20 (excluding engraving).

## **AMATEUR**

1. Applies only to sports sanctioned by the CHSAA.
2. Do not compete with or against professionals.
3. Do not accept money or sign a professional contract.
4. Do not compete under any assumed name.
5. Do not accept an award in a non-school activity and convert it to cash.

## **OUTSIDE COMPETITION**

1. If you participate as a member of any high school sports team, you may not compete in that sport during the sports season, except with your school team. Competition in any non-school activity or event in your sport (such as one-on-one contests) is not permitted.
2. As a participant in any high school sport, you may not practice with a non-school team while you are a member of your school team without the prior consent of the Principal.
3. Members of high school teams may, in fall and winter sports, compete in non-school events following the completion of the final state championships in that sport.
4. Members of high school teams (freshman, sophomore, JV, or varsity) participating in spring sports may compete in non-school events in that sport on the day following the completion of their school's varsity season.

**NOTE:** A student becomes subject to the outside competition rule when he or she reports for practice and is in contention for a berth on the team.

## **SCHOOL INFORMATION**

### **ACTIVITIES OFFERED**

Calhan School offers the following activities for students: football, basketball, track, baseball, wrestling, volleyball, drama, choir, band, student council, Leo Club, and cheerleading.

### **BUS CONDUCT AND PROCEDURES (II-R)**

Students must travel to and from contests in school provided transportation unless other arrangements have been made with school officials. Students failing to conduct themselves properly while traveling on the bus are subject to disciplinary action. Disciplinary action may result in suspension if necessary. If a student misses the bus, he or she may not drive his or her car to that event and expect to participate. In extenuating circumstances they may be driven to the activity by their parents, guardian or coach with prior approval of the Principal. When arriving at the event, the student must get approval from the administrator in charge before he or she may participate. If a student wishes to return from an event with a parent, permission must be obtained from the activity coach/sponsor. If a student wishes to return from an event with another adult (adult defined as a person 21 or over) other than parent or legal guardian, notification must be made to the Principal or Activities Director the day before the event and requires approval. The person to whom the student is released must sign a liability waiver with the bus driver releasing the coach/sponsor from any further activity responsibility. There will be no exceptions.

### **DISCRIMINATION NOTICE (AC)**

Calhan Public Schools do not unlawfully discriminate on the basis of sex, age, race, color, national origin, or handicap in admissions, or access to, or treatment, or employment in educational programs or activities which it operates.

It is the intent of Calhan Public Schools to comply with both the letter and spirit of the law in making certain discrimination does not exist in its policies, regulations, and operations. Grievance procedures, the Title IX and Section 504 have been established for students, their parents and employees who feel discrimination has been shown.

Specific complaints of alleged discrimination under section 504 (Handicap) or Title IX (Gender) should be referred to the Compliance Officer, School Counselor, at Calhan Public School. Telephone number 347-2766 X 411 Complaints may also be filed with the Office for Civil Rights, U.S. Department of Education. 12244 North Speer Blvd. Denver, CO. 80204

### **DRESS CODE (II-R)**

All students will dress appropriately for all scheduled activities when representing Calhan Public Schools. Students are encouraged to wear dress slacks, dresses, sweaters, ties, sport coats, etc. Students will not be permitted to wear articles prohibited by the school's general dress code (JICA). This rule applies both before and after the contest when at home or on out-of-town trips.

## **DROPPING FROM THE TEAM**

Athletes who drop from any extracurricular activity must follow the check-out procedure. The athlete is required and a parent is encouraged to meet with the head coach, Activities Director, and Principal when quitting the team prior to the end of the scheduled season. After meeting with the head coach, students have one week to return all uniforms and equipment. Athletes who do not follow the aforementioned check out procedure will be ineligible and considered "suspended" from extracurricular athletic participation.

## **EQUIPMENT RESPONSIBILITY (II-R)**

When equipment has not been checked in or accounted for following the completion of the season, the student will be considered ineligible for future activities until the problem has been solved with the Principal or the Activities Director.

## **FUNDRAISING (IIE)**

All fundraising for extracurricular activities must be approved by the Principal prior to engaging in the fundraising process.

## **LEAGUES**

Calhan School is a member of the Black Forest League for volleyball, basketball, baseball, wrestling, and track. Activities include speech, match wits, student council, wrestling, volleyball, basketball, baseball, and track.

### **Football**

Calhan is "playing down" Class 8-Man football, as a member of member of the local 8-Man league as set by CHSAA.

### **Basketball & Volleyball**

Calhan is in the Class 2A Division and competes in the Black Forest League

### **Track**

The Calhan girl's and boy's teams compete in the Black Forest League. The state ranks the 18 best times or distances to decide which athletes qualify for state.

### **Wrestling**

Calhan participates in wrestling in the Black Forest League, Region 2, Class 2A.

### **Baseball**

Calhan participates in baseball in the District 3, Class 2A.

## **ATHLETIC RECOGNITION**

At the close of each season the head coaches of the respective sports will conduct recognition and awards night for athletes and their families. Recognition nights are scheduled at the beginning of school. All athletes who participated during that season are expected to attend. Student athletes should dress in business casual for recognition nights.

## **LETTERING REQUIREMENTS**

Every student will have an opportunity to earn a school letter unless the student quits or is dismissed from the team. The following guidelines will be observed in determining which students are to receive letters.

**Volleyball:** Must play in 50% of varsity games or go to a post-season tournament and play in 50% of the games and ends the season in good standing.

**Football:** Must play in 50% of varsity quarters and ends the season in good standing.

**Basketball:** Must play in 50% of the varsity basketball quarters or play in 50% of the total quarters played at the post-season tournaments and ends the season in good standing.

**Track:** Must score 12 points in track meets or score at the state meet and ends the season in good standing.

**Cheerleading:** Expected to attend all scheduled events and practices. A cheerleader may be excused from an activity only by the sponsor. If an activity is missed without prior clearance, disciplinary action will be taken. A cheerleader must cheer at 90% of the games in order to letter and ends the season in good standing.

**Baseball:** Must play in 50% of the varsity innings or make an appearance in a post-season tournament and end the season in good standing.

**Wrestling:** Wrestle 2/3 of scheduled varsity matches or qualifies for state wrestling tournament.

*If above requirements are not met, coaches can letter athletes at their discretion. Each will be dealt with on an individual basis.*

**Band:**

1. Participation in pep band for basketball. (No more than 2 excused absences with director's prior knowledge and consent.)
2. Participation in marching band for football. (No more than 1 excused absence with director's knowledge and consent.)
3. Participation in solo and ensemble festival competition.
4. Participation in special scheduled events (band day, etc.)
5. Develop and maintain a positive attitude and leadership role within the organization.

Any exceptions or special circumstances pertaining to the above 5 requirements for a band letter must be cleared through the Activities Director and Band Director.

**Choir:** Requirements to earn a choir letter

1. Active participation in choir for the entire school year. This could happen by:
  - a. Scheduling the class for the full school year (2 semesters)
  - b. Participating in the college English/choir program—Fridays for the full school year
  - c. Participating in after school choir, if offered, for the full school year
2. Attend all scheduled performances, including but not limited to
  - a. Winter and Spring Concerts
  - b. Black Forest League Vocal Clinic
  - c. Large Group Festival
3. Attend at least ONE of the following:
  - a. Solo/Ensemble Competition
  - b. All-State Choir Auditions
  - c. Western Slope Honor Choir Auditions
  - d. Adams State Honor Choir Auditions
4. Maintain an "A" (90-100%) in choir

### **MONDAY, SUNDAY AND HOLIDAY PRACTICES (II-R)**

The head coaches may have Monday practices. Monday practices are mandatory for high school. Practices over holiday breaks are not required. There are no practices on Sunday. All practices will be scheduled by the head coaches in advance.

### **PRACTICE SESSIONS**

All team members of all sports are expected to attend all scheduled practices and meetings. No practices are to be missed except in a case where a student is absent from school on that day. If circumstances should prevent a student from attending a practice or meeting, the validity of the reason will be judged by the individual coach. **In all cases, however, the coach should be notified prior to the practice or meeting by personal contact, phone call, or written statement from the parent or guardian.** Students must be transported by school provided transportation or parent to any practice not held at the home practice site.

### **PRE-SEASON**

At the beginning of each school year, parents and athletes of all sports are expected to attend the pre-season meeting conducted by the coaching staff. Items such as practice information, individual expectations, schedules, etc. will be discussed. The purpose of this meeting is not to debate coaching strategies or philosophies; such matters should be discussed individually with coaches.

### **Chain of Command (III-R)**

*Athlete----- Head Coach-----Activities Director----- Principal-----Superintendent-----Board of Education*

\*\*\*\* If there are any questions or concerns regarding any aspect of the Player–Coach Relationship, the student athlete should first contact the appropriate coach. Parents are also asked to follow this "Chain of Command" model regarding problem resolution, and encourage their student athlete to address the issue(s) with the respective coach at the onset. If there is no resolution at the initial level, the student athlete and parent should request a meeting with the coach. If requested, the Activities Director can also be in attendance for this meeting. *(The "Chain of Command" is a step by step process bringing together the primary individuals for discussion purposes. Each level is in place in order to assist in the process of conflict resolution.)*

- *Issues not appropriate to discuss with Coaches- Playing time, team strategy, personnel play calling, lineups, substitutions, and other student-athletes on the team.*

### **FAILING GRADES (III)**

1. A student is ineligible to participate in any extracurricular activity if she/he is failing (1) or more subjects or has 2 D's.
2. A student who is failing one (1) or more subjects or has 2 D's for the semester shall be ineligible to participate in any activity for the following 6 weeks.
3. The weekly ineligible list will be available on Thursday afternoons for the following week (Monday-Saturday).

### **TAPING OF ATHLETIC INJURIES**

Calhan High School will tape all acute injuries. Any chronic injuries requiring daily attention will be the responsibility of the athlete and their parent/guardian by way of braces or other needed materials.

### **SPORTSMANSHIP CODE FOR CALHAN PUBLIC SCHOOLS**

The role that athletics play in the students' development can be very special and valuable. One of the outcomes that we strive to achieve is the development of good sportsmanship. Integrity, fairness, and respect are lifetime values taught and learned through athletics. We, as an athletic department, believe these are all important aspects of sportsmanship. With these values, the spirit of high school competition thrives, fueled by honest rivalry, respectful behavior, and graceful acceptance of the results.

An individual who follows good sportsmanship is a positive leader in our community and a role model for others. As part of the Calhan Athletic Department our goals and standards of sportsmanship should include:

1. Encouraging our athletes to perform their best, knowing that others may turn in better or lesser performances;
2. Learning, understanding, and respecting the rules of the game, the officials who administer them, and their decisions;
3. Developing a sense of dignity under all circumstances;
4. Respecting the task our coaches face as teachers and support them as they strive to educate our students;
5. Respecting our opponents and their fans;
6. Realizing that athletics are a part of the educational experience, and the benefits of participation go beyond the final score or outcome of any contest.

Following are some basic guidelines that, if followed, will only help make the athletic experience at Calhan that much better for everyone involved.

#### **ADMINISTRATORS**

1. Develop and support programs for teaching and promoting the ideals of good sportsmanship.
2. Provide appropriate support for each interscholastic event.
3. Provide positive feedback to participants, coaches, and spectators who teach and/or display good sportsmanship.
4. Actively discourage undesirable conduct by participants, coaches, and spectators.

#### **COACHES**

1. Lead by example.
2. Instruct players in proper sportsmanship and demand that they make sportsmanship a priority.
3. Respect the judgment of officials and abide by the rules of the game.
4. Treat opposing coaches and players with respect.
5. Acknowledge the efforts of all involved.
6. Develop and enforce consequences for athletes who do not abide by the standards.

#### **PLAYERS**

1. Respect the judgment of officials. Follow the rules of the game, and display no behavior that could incite spectators.
2. Treat your coaching staff with respect.
3. Treat opponents and the opponent's coaches with respect.
4. Acknowledge the efforts of all involved.
5. Accept the responsibility of representing your school, your parents, your community, and yourself in a serious manner.

#### **PARENTS AND SPECTATORS**

1. Support positive efforts by all competitors.
2. Respect decisions made by officials without outburst.
3. Be a positive role model in the stands.
4. Respect the coaches and the role they play as teachers.



5. Respect opposing players, coaches, and spectators.
6. Follow the guidelines set in pre-season meetings.

Sportsmanship isn't always the easiest choice. For us to have pride in our programs it is imperative that we show common courtesy and respect to all who are involved.

### **GENERAL RULES AND GUIDELINES FOR PLAYERS, PARENTS, AND COACHES**

- Parent(s) are strongly encouraged to attend the pre-season meetings for each sport their child participates in.
- Parent(s) must sign the acknowledgement of the handbook, guidelines, and sportsmanship code.
- Monday practices are mandatory for high school participants.
- Athletes missing practice that is unexcused may lose playing time and make up practice through a method the coach chooses (i.e. extra conditioning, extended practice sessions, extra practice sessions, etc...).
- Any athlete with excessive absences may be asked to leave the team.
- Positions on the team are subject to change. This change can occur at any time.
- Coaches may set curfews.
- Seniors must make the varsity squad to receive a uniform. If they don't make the varsity squad they may choose to practice until they earn a uniform, become involved in the program in a different aspect, or withdraw from the team. The only exception of this rule is if our numbers are low enough that the JV level of the program cannot be run without their participation. If this is the case a senior may be placed on a sub-varsity team.
- Any player that becomes a candidate for a team, receives a uniform and then quits the program, must go through the three step withdrawal process as outlined in the handbook.
- No athlete can drive themselves to a contest. In extenuating circumstances they may be driven to the activity by their parents, guardian or coach with prior approval of the Principal. Any athlete not using school transportation from their event must be signed out prior to leaving. If a parent wants their child to leave with another adult (21 or older), they must communicate so in writing using the school form twenty-four (24) hours in advance.
- All uniforms need to be cared for and cleaned in a proper manner. Any damage done to uniforms while checked out to the athlete will be charged back to the athlete in repair or replacement costs.
- Uniforms will not be sold to the athletes. Our uniforms stay in our cycle through Varsity and passed down to JV. It is not affordable or practical to sell these uniforms until their entire cycle is run.
- Remember that judging talent is highly subjective. It is the school's goal to give everyone an equal chance and the large majority of those chances will come in practice. There will probably be athletes that are on the varsity level yet play or start JV.
- All athletes and their parents are responsible for knowing the rules in the athletic handbook.
- Parents are expected to understand and follow the chain of command. Parents having concerns about the program in which their student is involved, should approach the coach in a *respectful* manner at least 24 hours after the latest contest. Meetings should take place in person with the athlete present at the meeting. Direct communication with the individual that the concerns are with is the only way to ensure the facts are being presented.
- The purpose of our "C" teams is to build experience and skills.
- The purpose of our "JV" teams is to build for our future varsity programs.
- The purpose of our Varsity programs is to compete for and win League, District, Regional, and State titles.
- Remember we are not a win at all costs program. Athletics is a part of the educational experience. It is a tool to further our students in their development for life after high school.

### **WARNING SHEET**

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which serious, catastrophic, and perhaps fatal accidents may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertions, and numerous other exposures to risk of injury. Students and parents must assess the risks involved in such participation and make their choice to participate. No amount of instruction or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by high school students also may be dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risks exist. By choosing to participate, you, the student, acknowledge that such risks exist.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction in relation to proper equipment use and technique. Students failing to use

equipment properly and/or ignoring instruction of its use will not be allowed to participate.

Take pride in your school work. A smart athlete is a good athlete.

All students participating in school sports will be insured. If you are planning to purchase insurance through the school you must please understand that this insurance will not cover the full cost of an injury. If you have any questions before purchasing this insurance, please call the school. We believe that the insurance forms are self explanatory.

If you have any questions concerning any of the above statements, please feel free to call 347-2766.

We have read the handbook rules and guidelines for Calhan High School and acknowledge the rules of the **handbook**, the **general guidelines**, the **internet policy**, the **injury warning and the sportsmanship code**. We do hereby agree to observe and follow the policies, rules, and guidelines as stated in the High School Handbook/ and High School Activities handbook. Furthermore, if the aforementioned policies, rules, and guidelines are violated, we are aware of the procedures and consequences that may be imposed, including suspension and loss of participation privilege, for student athletes and parents. Student athletes and parents should adhere to the highest standard of character and behavior and conduct themselves accordingly. Participation in school activities is a privilege.

Your signature in the handbook is legally binding and indicates that the party (parties) who signed has (have) read the terms and conditions carefully and understand(s) their significance.

**Electronic Signature**